



9/13/2014

South Boulder Recreation Center Lap Pool

SEPTEMBER 14 - 30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Lap Swim	Lap Swim 6:00-12:30	Lap Swim 6:00-3:45	Lap Swim 6:00-8:30	Lap Swim 6:00-3:45				
6:30am	FHS 6:30-7:30 *4 lanes								
7:00am									
7:30am	Lap Swim 7:30-3:45							Lap Swim	Lap Swim 8:00-10:30
8:00am									
8:30am									
9:00am							NOAA Training 8:30-12:00 *2 lanes 9/25 only	Synchro 8:30-10:30 *2 lanes	
9:30am									
10:00am									
10:30am									
11:00am									
11:30am									
12:00pm								Lap Swim	Scuba 10:30-1:30 *2 lanes 9/20 only
12:30pm		H ₂ O Fitness 12:30-1:30 *3 lanes		H ₂ O Fitness 12:30-1:30 *3 lanes					
1:00pm									
1:30pm									
2:00pm		Lap Swim 1:30-3:45		Lap Swim 1:30-3:45		Lap Swim 1:30-4:30	Open Swim 1:30-4:30 *2 lanes		
2:30pm									
3:00pm									
3:30pm									
4:00pm	FHS 3:45-5:15 *2 lanes	FHS 3:45-5:15 *2 lanes	FHS 3:45-5:15 *2 lanes	FHS 3:45-5:15 *2 lanes	FHS 3:45-5:15 *2 lanes				
4:30pm									
5:00pm									
5:30pm	Lap Swim	Lap Swim 5:15-7:00	Lap Swim	Lap Swim 5:15-6:00	Lap Swim 5:15-7:30				
6:00pm	Synchro 5:45-8:30 *2 lanes		Synchro 5:45-8:30 *2 lanes	BAM 6:00-7:00 *2 lanes					
6:30pm									
7:00pm		Water Polo 7:00-8:00 *1 lane							
7:30pm									
8:00pm		Lap Swim 8:00-9:00		Lap Swim 7:00-9:00					
8:30pm	Lap Swim		Lap Swim						
9:00pm									

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-3448 or go to www.boulderaquatics.org